



# MIND LIMITLESS

See The Bigger Picture

**SENIOR EXECUTIVES**  
**(ONE-ON-ONE COACHING)**



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## ABOUT THE PROGRAM

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Senior managers must combine strategic thinking skills and tactical know-how to push their business forward.

**MIND LIMITLESS** is an executive coaching program that offers participants the chance to gain awareness of their strengths and developmental needs, allowing them to see what actions are most effective for achieving organizational objectives in this ever-changing world we live in today!

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## IDEAL FOR

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Senior Executives

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## COACHING ENGAGEMENT DURATION

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### *Option 1*

#### **2 MONTHS | 4 SESSIONS**

To become a better leader, First, you need to understand the present state of your leadership journey. Before you can set out on an inspiring journey towards achieving specific goals and creating a development plan, you must identify your patterns, strengths, development areas etc. This engagement is to discover yourself.

You're about to embark on an intense 2-month coaching sprint; we'll assign you a coach. Together with your coach, you will have a complete analysis of who you are, where you stand, and where you want to go. This is when the real transformation begins.



### *Option 2*

#### **4 MONTHS | 8 SESSIONS**

Four months of coaching is the perfect time to get an accurate picture of your progress and see how things are shaping up. A progress review will allow you to understand better where there may be room for improvement and help set goals going forward.

Your 4-month coaching journey will provide you with your first round of insights into the extent of your improvement. You've achieved great first results by daily creating new behaviors, refining existing skills, and overcoming leadership and personal challenges. You've grown, and your coworkers have recognized it.



*Option 3*

## 6 MONTHS | 12 SESSIONS

After changing behavior, the next challenge is changing perceptions associated with that behavior. The way to change and become a better leader is to change these behaviors and related perceptions. And this process takes time.

Six months from now, you've created a foundation for long-lasting success by making sustainable changes in your mindset and behavior. As a result, you've transformed, personally and professionally, into an exceptionally resilient, flexible, inspirational, and authentic leader.

### FEATURES

- 360-degree feedback and personal interviews for assessment.
- Safe and confidential one-on-one coaching.
- Learning through experiential activities and self-reflection.
- Guaranteed and measurable results.

## BENEFITS

### FOR INDIVIDUALS

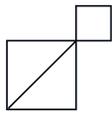
- Breakthrough in productivity and performance
- Effective leadership and enhanced levels of ownership
- Better clarity, focus and confidence
- Increased self-awareness, and emotional intelligence

### FOR ORGANISATION

- Improved collaboration between stakeholders and across functions.
- Leaders have developed innovative and systemic thinking, sparking creative solutions for the organization.
- Improved ownership and accountability leading to consistent results.
- Self-motivated leaders propelling an innovative organization

## OUR FRAMEWORK

*All our programs are designed using the Mindpurpose 4-phase framework to facilitate participant growth.*



### EXPLORE

The first step in the program is that the participants identify their core strengths and articulate the critical development areas through a combination of online surveys and personal interviews.



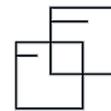
### INNOVATE

Defining the engagement's objectives and milestones with a clear pathway. And creating innovative solutions and strategies to get there - what's needed now and later so that things go smoothly.



### ACTIVATE

Participants take laser-focused actions with clarity and focus. They periodically review milestones and assess any new challenges or changes needed on this plan.



### CELEBRATE

Participants celebrate their success and reflect on the strengths that helped them succeed. Now, they can use their strengths in other areas.

## WHAT WILL YOU LEARN

You will leave this program with a better understanding of how your behaviour and thoughts impact you, as well as others. You'll also learn techniques for breaking through those obstacles.

### KEY LEARNINGS

- Prepare to take on a broader scope of responsibility.
- Work more effectively across boundaries to build strategic ties and gain new perspectives.
- Draw on deeper self-awareness to leverage leadership and boost personal resilience.
- Balance tactical concerns with strategic possibilities to respond to and influence external forces.

## WAYS TO PARTNER

Experience "Mind Limitless" in three convenient ways. We can come to you or meet on an online platform or customized/hybrid model for you.



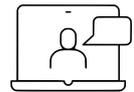
### FACE TO FACE

We can come to your location.



### HYBRID/CUSTOMISED

A combination of online and face-to-face to get the best results.



### ONLINE

One-on-one/group video calls

LETS GET STARTED

## FIND US HERE

Mind Purpose,  
GPL Eden Heights, G-802, Sector 70,  
Gurugram, Haryana 122101

support@mindpurpose.in  
7010571232

[www.mindpurpose.in](http://www.mindpurpose.in)